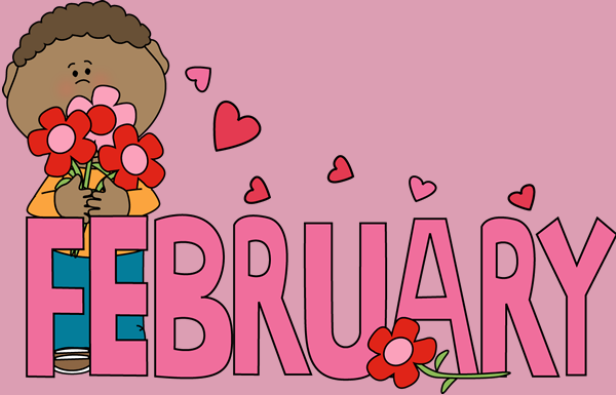




Pinellas Secondary School
Roaring Towards Success

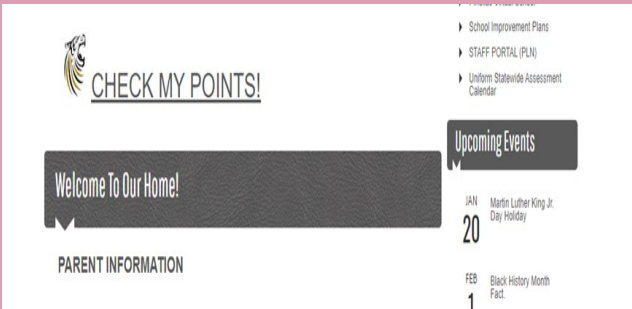
February 23, 2023

IMPORTANT MESSAGES



Students can NOW Check their points on our school website.

<https://www.pcsb.org/pinellas-sec>



Click on **CHECK MY POINTS**

An **EXCEL** sheet will open like this. ↓

COUNSELOR'S CORNER



Why do our teen girls feel so hopeless and sad?

The CDC released the Biannual Youth Risk Behavior Survey which reported that 57% of teen girls report chronic feelings of sadness or hopelessness. Girls rated almost double of that reported by boys. The survey found that 30% of the girls in 2021 reported having clinical risk indicators for suicidality and 18% reported experiencing sexual violence. In addition to the sexual related violence numbers 14% reported being forced to have sex.

Questions to Consider:

- What is the relationship between alarming levels of sexual violence and girls' feelings of sadness and hopelessness?
- What can your school and classrooms do to keep all children safe considering this report?
- Do your school have safe reporting procedures and strict tolerance warnings for verbal and physical sexual assault and aggression?

In a survey by Project ASPEN more than 3/4th of parents called for depression screenings at school. More than 75% of parents surveyed valued students having a depression screening at school. The parents felt that these screenings would prevent serious mental health issues, drug or alcohol abuse, and poor academic performance.

What does this all mean for Pinellas Secondary?

Amid all the pressure for providing academic rigor and aligning to safe guarding procedures it is important that we pay attention to students with potential mental health risk indicators. Many students, especially our girls may present with horse playing behavior and verbally aggressive outburst. They often lack proper social skills and expressive language skills. Taking a moment to dive deeper to explore potential underlying issues that cause girls to act out may be the difference between providing services and unaddressed feelings of sadness, hopelessness, and incidents of sexual violence. Most parents want to have the school to uncover these issues and assist them with referrals to the appropriate services to help improve their child's engagement and academic levels as well as address any potential abusive situations. Trainings such as Youth Mental Health First Aid and Child Abuse Reporting is provided to help you respond to these behaviors and act when reports of emotional or abusive concerns are disclosed.

CDC Youth Risk Behavior Survey. https://www.cdc.gov/healthyyouth/data/yrbs/pdf/yrbs_data-summary-trends_report2023_508.pdf

Call for Action On Adolescent Depression: What Do Schools In New Jersey Need To Identify And Support Students At Risk For Depression? <https://aspn.rutgers.edu/new-jersey-schools-depression/>

Randy Richards, LCSW

School Social Worker

HONORING BLACK HISTORY



Valentines & Door Contest

From Mrs. Bujak,

Thank you to all of the teachers and students who participated in the Valentine's Day Community Service Project. The cards were donated to a local nursing home.

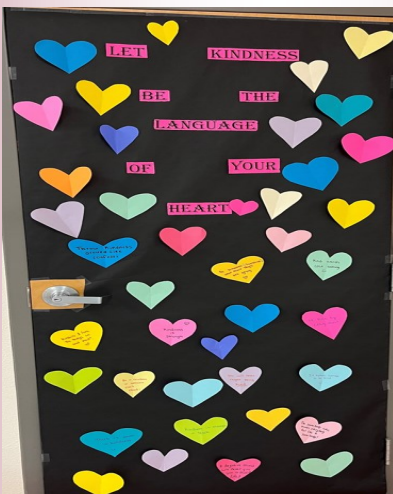


Thanks to everyone that participated in our Valentine door decorating contest! Our judges have voted, and our top three winners are listed below! Congratulations! See the winning doors. So creative!

1st Place- Noetzel

2nd Place- Green

3rd Place- Eveland





Ms. Cena's student Taylor J. wrote a sonnet poem for Valentine's Day.

Misled Love by Taylor Jackson

Let me express my love for thee
Your beauty and your grace
Is the happiness you give me
The sweetness of your lips I taste

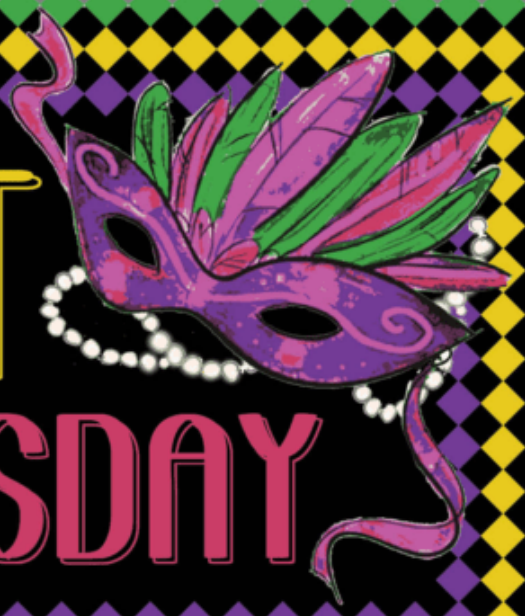
Some might think I make you a Saint
The breadth of our love is for what I strive
My heart beats so hard I may faint
For this all my thoughts they drive

You may wonder why I express my love
It's my hope for the joining of our hearts
I fell my heart is as fragile as a dove
But suddenly the truth pierced me like darts

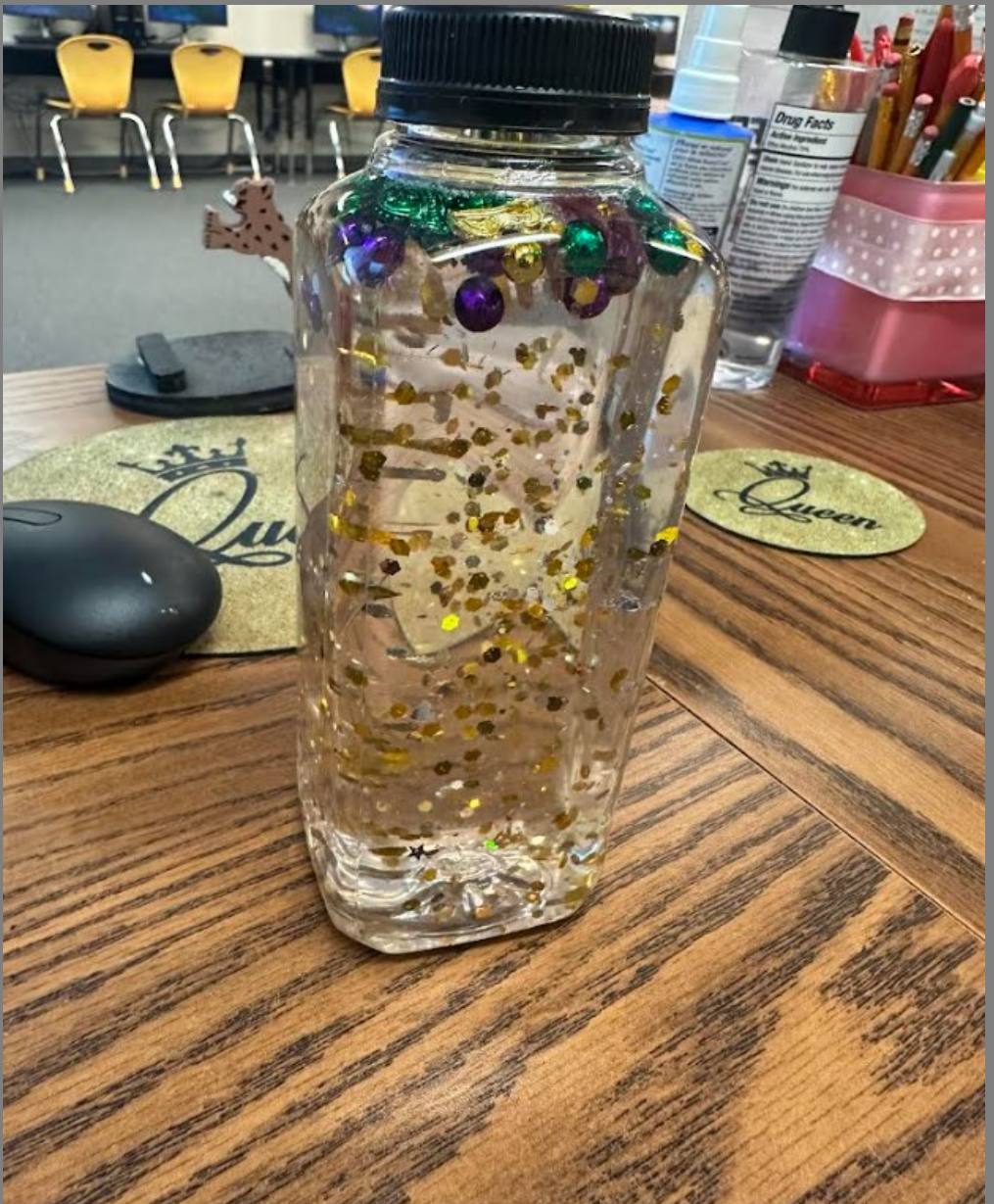
I waited patiently for you to give me a ring
But with finality you said I was just a fling!

**GREAT
JOB!**

FAT TUESDAY



PSEC staff and teachers enjoyed delicious cake decorated in FAT Tuesday colors and enjoyed calming bottles made by Ms. Jones and the Hospitality team! Our bottles remind us to shake them and remain calm at all times.



KICKBALL LEAGUE



Wanna get active, wanna get fit, and have some fun?? Perhaps you just wanna cheer in the stands. Either way, PSEC has a kickball team, made up of staff from PSEC and other schools. See Ms. Cena for more information!





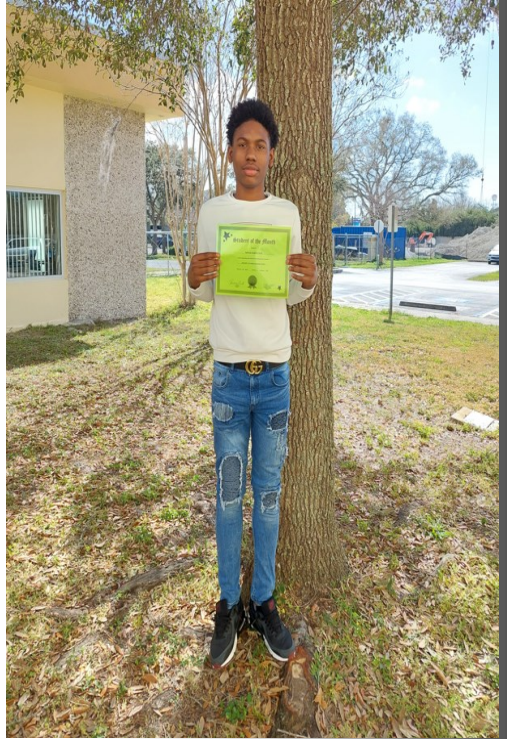
STUDENT OF THE MONTH



Michael O..



Aaron R.



Congratulations!

ACT PREP OPPORTUNITIES

DO YOU STILL NEED TO EARN YOUR MATH
OR READING CONCORDANCE SCORE FOR
GRADUATION?

Gibbs High School **Presents** **Round 2**



TOP SECRET

BACK TO THE BASICS

- Fundamental Algebra Skills
- Analyzing Geometry Formulas
- Grammar Skills
- Text marking

*This boot camp will help develop
your critical thinking skills to
help improve your score.*

**MARCH 4TH,
2023**

9:00AM-NOON

ACT Boot Camp Round 2
Registration



Free for all Pinellas County Students
**** Breakfast will be Provided ****

DO YOU STILL NEED TO EARN YOUR MATH
OR READING CONCORDANCE SCORE FOR
GRADUATION?

Countryside High School **Presents North County**



TOP SECRET

BACK TO THE BASICS

- Fundamental Algebra Skills
- Analyzing Geometry Formulas
- Grammar Skills
- Text marking

*This boot camp will help develop
your critical thinking skills to
help improve your score.*

**MARCH 4TH,
2023**

9:00AM-NOON

ACT Boot Camp Countryside
Registration



Free for all Pinellas County Students
**** Breakfast will be Provided ****



DATES TO REMEMBER

1. Spring Break 03/11 to 03/19/23

2. Hurricane make up day

March 20, 2023

3. Assessments dates

- FS Retakes for ELA and Algebra 1 EOC

February 20 to March 10, 2023

Cycle 3 Testing for MS and HS

February 27 to March 24, 2023

MS – Science 6, 7 + GAP Gr. 8, Civics, Algebra 1 Honors, Geometry Honors

HS – Algebra 1 & 1A, Biology, Geometry,

US History

SAT for HS Juniors

March 1, 2023

ACT NCR for Concordant scores

March 7 & 8, 2023

SAT for HS Seniors in need for Concordant scores

March 22, 2023

F.A.S.T. B.E.S.T. Writing Field Test Grade 9

April 3 to 21, 2023

School Board Member List

THE SCHOOL BOARD OF PINELLAS COUNTY, FLORIDA
301 4th Street SW
Largo, FL 33770

E-MAIL ADDRESS: board@pcsb.org

MEMBERS OF THE BOARD
Nov. 2021 - Nov. 2022

Chairperson
Eileen M. Long
(Single Member District #4)
(727) 588-6554
Terms: 2016-2024

Vice Chairperson
Lisa N. Cane
(At Large District #2)
(727) 588-6556
Term: 2018-2022

Nicole M. Carr, PhD
(At Large District #3)
(727) 588-6557
Term: 2018-2022

Carol J. Cook
(Single Member District #5)
(727) 588-6300
Terms: 2000-2024

Bill Dudley
(Single Member District #6)
(727) 588-6552
Term: 2018-2022

Caprice Edmond
(Single Member District #7)
(727) 588-6553
Term: 2020-2022

Laura Hine
(At Large District #1)
(727) 588-6551
Term: 2020-2024

Messages will be taken for school board members at the board office, (727) 588-6300, by Cathy Houck, administrative assistant to the board, or Kimberly Christy, secretary to the board.

Administration Building
301 4th Street SW
Largo, FL 33770

Bd2021-22



News you can Use



Bus Bulletin: Information Item

Parents,

If your child rides a bus to school each day, you can keep updated on any issues by signing up for Bus Bulletin. Bus Bulletin will notify you by text, phone call or email if:

A bus is late.

A route has changed.

There has been an accident.

If your child rides a bus, please take advantage of this free service. Sign-up by going to <http://busbulletin.com/parents/>

Important Dates

March 10th – End of Third Quarter

March 11-19th– Spring Holidays

March 20th– Hurricane Makeup Day– School is open for students and staff

April 7th– No School for Students



important stuff